

PE
Long Term Plan

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery PE to be taught throughout EYFS topics and the provision.	Developing fine and gross motor skills	Refine fundamental movement skills	Get dressed more independently	Take part in group activities	Moving using balance and coordination	Developing strength and balance
Reception PE to be taught throughout EYFS topics and the provision.	Me & Myself	Movement & Development	Throwing and Catching	Ball Skills	Fun & Games	Working with Others
Year 1	Fitness Week 1-3 Rounders Week 4-6	Football Week 1-3 Handball Week 4-6	Gymnastics 1 Week 1-3 Golf Week 4-6	Dance Week 1-3 Multi Skills Week 4-6	Orienteering Week 1-3 Gymnastics 2 Week 4-6	Netball Week 1-3 Athletics Week 4-6
Year 2	Tennis Week 1-3 Cricket Week 4-6	Hockey Week 1-3 Tag-Rugby Week 4-6	Multi Sports	Dance Week 1-3 Badminton Week 4-6	Orienteering Week 1-3 Gymnastics Week 4-6	Basketball Week 1-3 Athletics Week 4-6
Year 3	Football Handball	Golf Gymnastics 1	Dance Volleyball	Orienteering Gymnastics 2	Fitness Netball	Athletics Rounders
Year 4	Hockey Tag-Rugby	Dodgeball Gymnastics 1	Dance Badminton	Orienteering Gymnastics 2	Basketball Tennis	Athletics Cricket

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Year 5	Football Handball	Golf Gymnastics 1	Dance Volleyball	Orienteering Gymnastics 2	Fitness Netball	Athletics Rounders
Year 6	Frisbee Tag-Rugby	Dodgeball Gymnastics 1	Dance Badminton	Orienteering Gymnastics 2	Basketball Tennis	Athletics Cricket